

Ringling in Spring 5K

Age group records and averages, 1999-2010

RECORD TIMES		
Age Group	Female	Male
00-08	22:34	23:43
09-10	20:28	19:37
11-12	20:28	18:49
13-14	19:06	18:01
15-18	17:27	15:49
19-24	17:21	16:10
25-29	16:32	15:21
30-34	18:25	15:32
35-39	18:59	15:55
40-44	19:11	16:52
45-49	19:24	16:25
50-54	19:48	16:51
55-59	22:15	18:00
60-64	24:56	19:35
65-69	30:36	23:39
70-74	31:57	23:37
75-79	45:10	27:36
80+	40:14	37:27
OVERALL RECORD	16:32	15:21

AVERAGE TIMES		
Age Group	Female	Male
00-08	38:39	33:38
09-10	33:52	31:05
11-12	30:45	26:41
13-14	27:55	24:20
15-18	28:56	21:01
19-24	29:40	24:13
25-29	30:37	25:21
30-34	31:06	25:31
35-39	31:18	25:34
40-44	31:03	25:45
45-49	31:28	26:03
50-54	32:33	26:16
55-59	35:00	27:34
60-64	36:03	29:03
65-69	38:15	32:19
70-74	43:09	32:25
75-79	46:23	36:25
80+	52:05	46:28
OVERALL AVG	31:29	26:17

